

Cauliflower Bites

Source: Joan's Kitchen

Serving: 6

Ingredients

1 package **riced cauliflower**

1 **egg**

1 tsp **Pampered Chef Three Onion Seasoning**

Fresh ground pepper

1 cup **shredded cheddar blend**

6 strips **cooked crumbled bacon** (*optional*)

Directions

1. Cook riced cauliflower and remove excess moisture.
2. Let cool then add all other ingredients.
3. After combining well, scoop with small melon baller onto parchment lined pan and bake at 400 degrees for 15-20 minutes.
4. Depending on oven, check at 10 minutes to see if they need to be flipped.

